



Fresh

Fruits & Salads

**114 N. 3rd Street
Camden, NJ 08102**

Phone: 856-963-2505

Fax: 856-963-2506

www.FreshFruitsAndSalads.com

FRUIT SALADS

- Small.....\$3.35
- Medium.....\$4.25
- Large.....\$6.00

SALAD BAR

All salads come with a roll !!!

- #1) **Caesar**.....\$5.00
Tossed fresh iceberg & romaine lettuce, homemade baked croutons and chopped hard-boiled eggs.
- #2) **Grilled Chicken Caesar**.....\$6.25
Tossed fresh iceberg & romaine lettuce, homemade baked croutons and chopped eggs and diced chicken.
- #3) **Garden**.....\$5.75
Tossed fresh iceberg & romaine lettuce, diced tomatoes, slices of mushrooms, grated carrots, cucumbers slices and chopped onions.
- #4) **Greek Salad**.....\$6.00
Tossed fresh iceberg & romaine lettuce, diced tomatoes, chopped onions, feta cheese, cucumbers slices and sliced olives.
- #5) **Spinach Salad**.....\$5.50
Hand picked spinach leaves, crispy bacon, chopped hard-boiled eggs and homemade baked croutons
- #6) **Chef**.....\$6.25
Tossed fresh iceberg & romaine lettuce, chopped hard-boiled eggs, diced tomatoes, and a trio of cubed ham, provolone cheese and chicken breast.
- #7) **Antipasto**.....\$6.25
Tossed fresh iceberg & romaine lettuce, sliced pepperoni, chopped hard-boiled eggs, diced tomatoes, olives and provolone cheese.
- #8) **Pasta Supreme**.....\$6.50
Homemade pasta base, Tossed fresh iceberg & romaine lettuce, bacon, diced tomatoes, cheddar cheese and homemade croutons.

Beverages

- Bottled Water..... \$1.00
- Soda\$1.25
- Juices.....\$1.50
- Vitamin Water.....\$1.75
- Snapple\$1.50

**Downtown City of Camden
Between Cooper St. & Market St.
Next to Rutgers**

- #9) **Garden Deluxe**.....\$6.25
Tossed fresh iceberg & romaine lettuce, shredded carrots, broccoli tips, sliced cucumbers, fresh mushroom, sundried tomatoes and radiatore pasta.
- #10) **Neptune**.....\$6.25
Tossed fresh iceberg & romaine lettuce, fresh shrimp, fresh tuna chunks, diced tomatoes, chopped hard-boiled eggs and sliced olives.
- #11) **Nicoise**.....\$6.25
Tossed fresh iceberg & romaine lettuce, radiatore pasta, fresh tuna chunks, diced tomatoes, chopped hard-boiled eggs and sliced olives.
- #12) **Shrimp Special**.....\$6.25
Tossed fresh iceberg & romaine lettuce, shredded carrots, broccoli tips, sundried tomatoes fresh shrimp.
- #13) **Tuna Special**.....\$6.50
Tossed fresh iceberg & romaine lettuce, crispy real bacon, broccoli tips, chopped hard-boiled eggs, diced tomatoes, and flaked white tuna and provolone cheese.
- #14) **Turkey Club**.....\$6.25
Homemade pasta base, Tossed fresh lettuce, crispy real bacon, diced tomatoes and diced oven roasted turkey breast.
- #15) **Verdi**.....\$6.25
Tossed fresh iceberg & romaine lettuce, homemade radiatore pasta, cubed pepperoni, diced tomatoes, and a trio of cubed ham, provolone and cheese and turkey breast.
- #16) **Four C's**.....\$6.25
Tossed fresh iceberg & romaine lettuce, chicken, carrots, cheddar cheese, sundried tomatoes and croutons.
- #17) **CREATE YOUR OWN**.....\$7.00

SALAD EXTRAS

- Vegetables, Croutons, Copped Eggs..... .50
- Pasta Cheese..... .75
- Tuna, Pepperoni Turkey,\$1.00
- Chicken, Sundried Tomatoes.....\$1.00
- Shrimp..... \$1.00
- Dressing or Roll..... .50

Dressings

- | | |
|--------------|----------------------|
| Royal Caesar | Creamy Italian |
| Balsamic | Red Wine Vinaigrette |
| Vinaigrette | Green Goddess |
| Russian | Bleu Cheese |
| French | Vinegar & Oil |
| Herbal Ranch | Dijon Honey |

Lite and Fat-Free

- | | |
|--------------|-------------------|
| Herbal Ranch | Creamy Italian |
| Honey | Dijon Vinaigrette |
| Caesar | |

**We Deliver From 10am - 1pm
(\$20.00 Minimum)
Call in Orders 30 minutes prior**